**Quit Smoking Resources in Madison**

Please note: The resources listed below are neither administered nor endorsed by the UW-Addiction Research Lab.

**THE WISCONSIN TOBACCO QUIT LINE**

The Wisconsin Tobacco Quit Line offers free, confidential, non-judgmental coaching and information about how to quit. Quit coaches help each caller develop an individualized quit plan, including selecting a quit date. The Quit Line also sends callers a free quit guide with information about quitting methods, medications and other tips.

Phone: 1-800-QUIT-NOW (1-800-784-8669)

Website: www.WIQUITLINE.org

**FREEDOM FROM SMOKING (AMERICAN LUNG ASSN)**   
Contact: SUE DREYER   
N 4360 ALLAN ROAD  
PORTAGE, WI 53901   
608-742-1453

Website: http://www.ffsonline.org/

**INTENTIONAL ENERGY**   
Contact: KAREN ALLAIRE, RN, MS, CPNP   
2217 RUSK  
MADISON, WI 53704   
608-235-3730

**MADISON PSYCHOTHERAPY ASSOCIATES, INC**   
Contact: ROSE GHILARDI, LCSW   
1400 EAST WASHINGTON AVE RM 187  
MADISON, WI   
608-251-0839

**NEW FREEDOM GROUP OF NICOTINE ANONYMOUS**   
Contact: ROBERT I.   
ASBURY UNITED METHODIST CHURCH  
MADISON, WI 53705   
608-238-9211

**Nicotine Anonymous**   
Contact: Alano East Office   
1017 Northport Drive  
Madison, WI 53704   
608-244-9671

**PUBLIC HEALTH-MADISON AND DANE COUNTY: FIRST BREATH PROGRAM**   
First Breath is a program that helps pregnant women in Wisconsin quit smoking. The program is coordinated by the Wisconsin Women's Health Foundation with partners: State of Wisconsin Division of Public Health Bureau of Community Health Promotion, and APS Healthcare Inc. First Breath cessation strategies are integrated into existing prenatal care models, including public health services and private healthcare clinic appointments.

Contact: ALLISON REYES   
2705 E. WASHINGTON AVE  
MADISON, WI 53704   
(608) 669-5642

Website: http://www.wwhf.org/pg\_firstbreath\_10.asp

**SMOKING CESSATION & PREVENTIVE CLINIC**   
Contact: Doug Jorenby   
1930 MONROE ST STE 200  
MADISON, WI 53711   
608-263-0573

**TOBACCO FREE-GROUP HEALTH COOPERATIVE OF SOUTH CENTRAL WISCONSIN**   
Contact: INFO LINE   
675 WEST WASHINGTON AVE  
MADISON, WI 53703   
608-250-2013

**UW HEALTH HEART FAILURE PROGRAM**   
Contact: JOAN HERMSEN   
600 HIGHLAND AVE E5/582 CSC BOX 5710  
MADISON, WI 53792   
(608)263-1690

**UW HEALTH SUN PRAIRIE STOP SMOKING PROGRAM**   
Contact: MARLA DAHLK PA-C   
1270 W MAIN ST  
SUN PRAIRIE, WI 53590   
608-837-2206

**Wm. S. MIDDLETON VA HOSPITAL, ADTP-SMOKING CESSATION**   
Contact: RANDALL CHIPMAN   
2500 OVERLOOK TERRACE, BLDG 7  
MADISON, WI 53705   
608-280-7073